

ABEL PENA

Abel Pena was born in Mexico City and raised by parents who were professional dancers. After becoming one of the top dancers in Mexico, Abel moved to Los Angeles, CA with the goal of becoming a professional dancer. In 1998 he began competing professionally and has since won many dance competitions. His most notable accomplishments have been winning the ESPN World Salsa Championships in 2005 and 2006, as well as the World Mayan Salsa Championships in 2006, with dance partner, Zulmara Torres.

ZULMARA TORRES

Zulmara Torres was born in Mexico and is a professional dance instructor, performer and singer. She has been dancing since the age of 5 in the art forms of Ballet Folklórico (Regional Dances of Mexico) and Flamenco (Regional Dance of Spain). After 15 years of training in these two dance forms, she discovered Salsa and has since added Belly Dance, Jazz, Argentine Tango, Ballroom, and International Latin to her dance resume. Zulmara has appeared and performed in various television, radio and concert programs across Mexico and the U.S. Zulmara, along with dance partner Abel Pena won the ESPN World Salsa Championships in 2005 and 2006, as well as the World Mayan Salsa Championships in 2006.

MARTIN AVENDANO

Originally from Puebla, Mexico, Martin Avendano moved to Los Angeles, CA in 1997 where he was first introduced to salsa. He decided to seek training from the best instructors of the time and focused his efforts on unique styles, strong techniques and a precise lead. Martin has experience and training in Jazz, Ballet, Modern, Hip Hop, Salsa, Mambo, Merengue, Bachata, Cumbia, Guaracha, Paseo, Cha-Cha, Afro-Cuban, Guaguanco, and Bolero. Martin and his partner, Esti Ashkenazi won both the World Mayan Salsa Championships and Sportsman's Lodge Competition in 2007.

ESTI ASHKENAZI

Esti Ashkenazi was born and raised in Holon, Israel. She has been dancing since the age of four and has training in Salsa, Samba, Cha-Cha, Ballet, Jazz, Acrobatics, Folkloric, Belly Dancing, and Ice Skating. She joined the national skating team of Israel at age 10 and won many international competitions for her country. At age 19, Esti moved to the United States and started her own dance company called the Sunflower Dancers. Esti and her partner, Martin Avendano won both the World Mayan Salsa Championships and Sportsman's Lodge Competition in 2007.

1322 Prospect Road
Pittsburgh, PA 15227



November 9 to 11, 2007

**Salsa
Pittsburgh
Presents**

Weekend of

Abel Pena & Zulmara Torres
Los Angeles, CA

Martin Avendano & Esti Ashkenazi
Los Angeles, CA

CHAMPIONS

Workshops

Wightman School Community Building
5604 Solway Street (Squirrel Hill), Pittsburgh, PA 15217
Saturday, November 10: 1:00 - 5:30 pm
Sunday, November 11: 1:00 - 4:00 pm

Saturday, November 10, 2007

Time	Workshops
1:00 — 2:00 pm	Men's Styling/Footwork (Abel & Martin)
	Women's Styling/Footwork (Zulmara & Esti)
2:00 — 3:00 pm	Intermediate Salsa Patterns 1 (Abel & Zulmara)
1/2 Hour Break	1/2 Hour Break
3:30 — 4:30 pm	Intermediate Salsa Patterns 2 (Martin & Esti)
4:30 — 5:30 pm	Improving your Spinning (Abel & Zulmara)
	Lifts & Tricks (Martin & Esti)

Sunday, November 11, 2007

Time	Workshops
1:00 — 2:00 pm	Bachata & Reggaeton Martin & Esti
2:00 — 3:00 pm	Advanced Salsa Patterns All Four
3:00 — 4:00 pm	Cha Cha Abel & Zulmara

Total Workshop Fees are based on the number of classes you purchase. 20% Discount given for Pre-registration

	At the door	Pre-Registered
Classes	Price	Price
1	\$20	\$16
2	\$35	\$28
3	\$50	\$40
4	\$65	\$52
5	\$80	\$64
6	\$90	\$72
7	\$100	\$80

Dances

Friday, November 9, Palisades Ballroom
501 Water Street, McKeesport, PA 15132
8:30 pm - 2:00 am

Dance to Pittsburgh DJ's, Jeff Shirey and Paul Mitchell on the Palisades 8000 sq. ft. dance floor. Free dance lessons and dance performances by Abel Pena and Zulmara Torres, as well as Martin Avendano and Esti Ashkenazi.

\$10 Admission at the door
All ages event, cash bar with ID

8:30 pm FREE Hors D'oeuvres
9:00 pm FREE Salsa Dance Lessons
10:00 pm DJ Music
11:30 pm Dance Performances
2:00 am Go Home and Rest Up for the Workshops!

Saturday, November 10, BMNECC
449 8th Avenue, West Homestead, PA 15120
10:00 pm - 2:00 am

Located between Homestead's Waterfront Complex and Sandcastle Waterpark
DJ music by Philadelphia's Sugar Ruiz and Pittsburgh's Jeff Shirey, Dance performances by Abel, Zulmara, Martin and Esti

\$10.00 Admission at the door,
All ages welcome, cash bar,
Free Hors D'oeuvres,
Non-smoking facility



Right: Martin Avendano & Esti Ashkenazi

Front Cover: Abel Pena & Zulmara Torres

Pre-Registration Form

Name _____

Street _____

City, State, Zip _____

Phone _____

Email _____

Check Your Class Choices Below

Saturday			
Pick Only One	<input type="checkbox"/>	Men's Styling/Footwork	1:00—2:00pm
	<input type="checkbox"/>	Women's Styling/Footwork	1:00—2:00pm
	<input type="checkbox"/>	Intermediate Salsa Patterns 1	2:00—3:00pm
	<input type="checkbox"/>	Intermediate Salsa Patterns 2	3:30—4:30pm
Pick Only One	<input type="checkbox"/>	Improving your Spinning	4:30—5:30pm
	<input type="checkbox"/>	Lifts & Tricks	4:30—5:30pm
Sunday			
	<input type="checkbox"/>	Bachata & Reggaeton	1:00—2:00pm
	<input type="checkbox"/>	Advanced Salsa Patterns	2:00—3:00pm
	<input type="checkbox"/>	Cha Cha	3:00—4:00pm

Number of classes chosen (Prices reflect 20% discount)

1 (\$16) 2 (\$28) 3 (\$40) 4 (\$52)

5 (\$64) 6 (\$72) 7 (\$80)

Please select appropriate box above, make your check payable to: Salsa Pittsburgh

Mail to: Jeff Shirey
1322 Prospect Road
Pittsburgh, PA 15227

Checks must be received by November 7, 2007 to qualify for discount.

More info @ www.salsapittsburgh.com or call Jeff Shirey @ 412-881-9237

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